



THE OPRAH  
MAGAZINE

**THE HAPPINESS HABIT**  
*Discover the two things joyful people do every day*

OOF! AHHH!  
**OPRAH'S NEW  
WORKOUT**  
FUNNY PHOTOS,  
PG. 88

**THE  
YEAR OF  
YOU!**

Unlock the  
secrets of true  
motivation...  
and watch your  
life soar

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THE SURPRISING SOLUTION  
TO CONSTANT CRAVINGS

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NO MORE!**  
25 style resolutions  
for real women





## CREATURE COMFORTS

### CHOW HOUNDS

Some dogs have a nose for the finer things in life.

**SUPER-SNIFFING CANINES** are renowned for their work with police officers and exterminators, but they can also put those olfactory skills to use for a fancier purpose: truffle hunting. “Dogs really can be taught to find almost anything,” says Alana McGee, cofounder of the Washington-based Truffle Dog Company, which trains canines to locate the highly prized fungi that grow on tree roots. And unlike pigs, the better-known truffle trackers, pups are less likely to chew their haul. Instead, McGee rewards her scouts with their favorite treats: “Lolo likes cheese, Da Vinci gets hot dogs, and Duff would do *anything* for a Dorito.”

Whether a dog is roaming in the wild or in an orchard, the mission is simple: catch a whiff, track it down, and mark the site by tapping it with nose or paw. “A gentle touch is preferred,” says McGee, 32, a professional dog trainer and food lover who launched Truffle Dog in 2013. “My business partner has a dog who looks at her, barks, lies down, and then pokes the truffles with his foot—in that specific order!”

Though truffles are a gourmet treat (some types sell for \$1,000 or more per pound), even the humblest pooch can become a decent hunter. McGee believes that any breed—from pugs to poodles—can sharpen their snouts in about six months, although larger dogs might be able to cover more ground: “Having a Chihuahua check 10,000 trees wouldn’t be practical,” she says. “But it would be adorable.” —ELYSE MOODY